

April 14th Fun(D) Raiser Results

Team	Finish Time	Time with seconds converted to fraction	Total Reps (Weighted 0.1 JR, 2 BJ, 3 for Burps and WB)	Reps/Min
CrossFit Vicodin	15:12	15.20	1712	112.631578947368
The Push Ups	17:10	17.17	1531	89.1671520093186
Mixed Nuts	14:51	14.85	1773	119.393939393939
SIBlings, Unplugged	14:20	14.33	1883	131.402651779484
Pyramid	14:43	14.72	1918	130.298913043478
CrossFit ALL STARS	15:09	15.15	1483	97.8877887788779
The Wrecking Crew	14:04	14.07	1842	130.91684434968
Aches & Pains	16:26	16.43	1967	119.720024345709

Note worthies

- * 1st place SIBlings Unplugged, 2nd place The Wrecking Crew and 3rd place PYRAMID.
- * The first wave I am sure had the learning curve disadvantage. This was the 2 CFA teams and Aches and Pains. We thank you for providing the other teams time to get a good strategy and watch your form:) Rematch May Be In order!
- * The Pyramid team had only 7 people but a member from CFA jumped in as the 8th - thank you!
- * We raised \$750, had fun, got a great workout, made new friends and as an entire group we cranked out the following for a good cause....

5430 Jump Ropes
1703 Box Jumps
2522 Burpees and
864 Wall Ball

I can't thank you enough for the great support! We are going to do this again for the Local Dream Come True Charity.